

The NEMROC Insider

The Internal Newsletter of North Eastern Michigan Rehabilitation and Opportunity Center, Inc.

Issue No. 25

February 2012

Upcoming Anniversaries

Nemroc thanks these employees for their years of service

Feb. 07	Lynn K. Kirchoff	1 Year
Feb. 07	Scott E. Kamyszek	1 Year
Feb. 12	Douglas D. Betoski	5 Years
Feb. 14	Douglas E. Elowski	1 Year
Feb. 15	Peggy L. Sheldon	4 Years
Feb. 25	Whitney A. Royer	1 Year

Quote of the Month

"You never really know your friends from your enemies until the ice breaks" ~ Eskimo Proverb



Health and Safety

This month's Health and Safety topic is "Working with a Safe Attitude." In most work environments there is some sort of pressure to work faster, and it is just human nature to look for the easiest way to do something. These are not excuses for anyone to cut corners when it comes to safety. Safety is not an excuse for someone to drag their feet, but it should be a frame of mind. When entering your work area keep your eyes open for dangers. This could be something you (or a coworker) could trip over, moving vehicles or machinery, or anything that looks out of the ordinary. Even if everything looks the same as it always has, keep your eyes and ears open as you work. If you see a problem either take care of it or find someone who can. Taking care of a problem the right way is often safer, and cheaper in the long run. Keep that "Work Safely Attitude" all day, and make sure you go home every night accident free.

Personal Financial Planning

NEMROC's CEO Dave Szydowski will offer a six week course that will help you make a budget, plan for a car, house, or just save for the future. This will be a great opportunity to sit down with Dave and learn about general financial topics, and ask questions about how these topics personally affect you. Sessions will be held at 3:30 and 5:30 each day.

- Feb. 7th - Financial Planning – Where it all Begins
- Feb. 14th - Budgeting – Making the Most Out of Your Money
- Feb. 21st - Investing – Making Money Work for You
- Feb. 28th - Good Debt, Bad Debt – Using Credit Wisely
- March 6th - Your Money – Keeping It Safe and Secure
- March 13th - Insurance – Protecting What You Have
- March 20th - Your Career – Doing What Matters Most

Sign up in the front office! If you have any questions, feel free to talk to Dave or Paul Zbytowski.



FREE Thumb Drive For Participating in Class!

Upcoming Birthdays

Feb. 01	Kevin M. Mielke
Feb. 03	Lawrence A. Briggs
Feb. 04	James E. Hagen
Feb. 10	Kenneth R. O'Brien
Feb. 17	William H. Kroll
Feb. 20	Wayne L. Adams
Feb. 22	Barbara J. Orban

Monthly Calendar

Valentine's Day	Feb. 14 th	
President's Day	Feb. 20 th	No Mail
Quality Improvement Meeting	Feb. 21 st	11:30-12:00 Training Center
Dept. Meeting	Feb. 21 st	Cheryl 8:30-9:30 Marc 3:00-3:30
Fat Tuesday	Feb. 21 st	Pączki Day
Ash Wednesday	Feb. 22 nd	
Dept. Meetings	Feb. 23 rd	Kiln 11:00-11:30 MC 11:30-12:00 Mill 12:30-1:00
Board Meeting	Feb. 23 rd	
Safety Committee Meeting	Feb. 28 th	11:30-12:00 Training Center
Leap Day	Feb. 29 th	Once every 4 years

2-1-1 Northeast Michigan

As an outreach of 2-1-1 Northeast Michigan the agency is offering residents of Montmorency, Alpena, Alcona, Presque Isle, and Oscoda counties, among others, the ability to GET CONNECTED and GET ANSWERS with the use of their toll free number, 1-888-636-4211.

By dialing 1-888-636-4211, callers will be connected with a trained, caring professional who will assess their situation, identify their needs and refer them to local resources who can help. Individuals who need information on how to volunteer or have items to donate to their community can also connect by calling the same toll free number.

The 2-1-1 Northeast Michigan provides information and referral for:

- Basic Human Needs: food, clothing, shelter, utility assistance, etc.
- Physical and Mental Health: medical information, crisis intervention services, support groups and counseling, etc.
- Support for Older Americans and People with Disabilities: home health care, adult day care, independent living, workforce training, Meals on Wheels, etc.
- Support for Children, Youth and Families: quality childcare, early childhood programs, after-school programs, summer camps, mentoring, tutoring, etc.
- Crisis Calls: suicidal thoughts, domestic violence, Public Health Emergencies, etc.

www.211nemichigan.org



Saying goodbye to outgoing board members; Dave Szydowski (CEO), Lew Kunze (Board President, retiring after 9 year term), Jim Spleet (retiring from board after 9 year term), Dave Zeller (current Board President)

Free Tax Preparation from NEMCSA

It's the time of year to start thinking about filing your taxes again. Some of you may be eligible to have your taxes prepared and e-filed for free by NEMCSA?

You must meet the eligibility guidelines listed below:

- You must reside in a county NEMCSA services (which include Alpena, Alcona, Presque Isle and Montmorency).
- Meet Income guidelines: Current household income at or below the following incomes: Single \$21,780, Married Couple \$29,420 (add \$7,640 for each additional dependent).
- The tax return cannot be too complex, they will not do the following types of returns: No Schedule C's (Profit or loss from Business),
- No Complicated Advanced Schedule D's (capital gains/losses) and No Schedule E's (Rents & Losses).
- Appointments only—NO walk-in's accepted Call (989) 590-3356 for an appointment.

NEMROC Sales Volume this Calendar Year

Alpena Kiln	225,081 BF of Lumber
Hillman Kiln	62,571 BF of Lumber
Mill	149,484 BF of Cutstock
Milostan Center	1,579 Chair mats 2,520 Boxes 562,242 Pieces of Basswood
Comm. Living Services Supported	928 Units
Employment	4,045 Units